

North Edmonton Family Day Home Agency

Educator News August 2020



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2020 Statutory Holidays

Monday August 3 Heritage Day Monday October 12 Thanksgiving Day
Monday September 7 Labor Day Wednesday November 11 Remembrance Day

If you plan to take additional days off, you need to let families know in writing, at least two weeks in advance, of your planned absence. This allows back up care to be arranged.

Happy Anniversary!



Congratulations Ala on your 10-Year Anniversary with North Edmonton Family Day Home Agency.

Ala started with the Agency on August 9, 2010 and for the past 10 years she has been a valued member of our consultant team.

Ala provides support to Educators on the North side, South side and Westend of the city.

Appendix A, The COVID-19 Health Screening Form Complete Daily

The best way to decrease the transmission of any illness in your home is to prevent those with symptoms from entering. Appendix A is the best screening tool to ensure wellness. Specific questions with a yes or no answer assesses a persons well-being, and needs to be completed daily. Your tracking sheets need to be kept for two weeks, and would be used for tracking by AHS, if a case of COVID-19 were in your home.

What if a child develops symptoms after they are dropped off?

If symptoms appear, even mild, while a child is in your home, the child must be separated from others by a physical distance of at least two meters. Supervision of all children must be maintained. It is suggest for you to put on a mask, and call parents to pick up their child immediately. You then must disinfect toys and bedding and hard surfaces touched.

What if a member of my household becomes ill during the day? (not from a pre-existing condition)

If anyone in your household becomes ill during your workday, your home needs to close immediately. Separate the ill person, put on a mask and call parents to pick up their child immediately. Disinfect all areas of your home the ill person had been.

What if I become ill during the care day?

If you become ill, put on a mask, and call families to pick up their children. You must maintain appropriate supervision of children while trying to maintain at least 2 meters physical distancing from others.

AHS guidelines need to be followed for isolation and testing. Returning to your home or re-opening will depend on results of testing or if the person does not test.

When illness occurs in your home please contact your consultant and keep her up to date.

Celebrate Your Heritage



While Edmonton's Heritage Festival is cancelled this year due to COVID-19, seize the opportunity to create your own

Heritage Celebrations. Explore and highlight the different heritages of those in your home.

- Ask for family recipes to make.
- Create a simple cookbook.
- Explore customs and traditions.
- Learn a song or a dance.
- Listen to cultural music.
- Explore cultural art.
- Post family photos.
- Post photos of the country.
- Children's cultural stories and games.
- Learn words in languages spoken.
- Wear traditional cultural clothing.
- Create a cultural poster.
- Explore landscapes and landmarks.
- Explore the climate, transportation, housing, animals, flag, location on a map, fruits and veggies commonly grown, pets, recreation, sports, artefacts, education & toys.



Thank you to our Educators who took the time to complete the Child Care Engagement survey. Your input will help shape the future of family day homes!



“Noxious weeds are plant species that are designated as “noxious weeds” in the **Alberta weed regulation**. Noxious weeds must be controlled, meaning their growth or spread needs to be prevented.”

Canadian Thistle is a noxious weed and if you have it in your yard it **needs to be removed**.

Family Day Home Standard Review

Standard 10 E: Medications

Providers may administer medications including prescription and non-prescription drugs, emergency medications and herbal remedies, when the:



- provider has written consent of the child’s parent(s) prior to administering;
- medication is in its original container, and
- medication is administered according to the label directions.

When emergency medications are used to treat allergies, the provider must be able to recognize the allergy symptoms and know how and when to administer the medication. Emergency medications must be available for the child at all times, including on outings.

In all cases where medications are administered, the provider must record the name of the medication, time and dose administered and sign or initial that they administered the medication.

All medication and vitamins must be kept under lock and key, excluding emergency medications (such as an EpiPen) that must be stored in an area that is inaccessible to children.

Keep the key(s) for your locking medication containers separate from the container. Never leave the key in the lock.

Congratulations!

***The following Educators are celebrating their anniversaries with NEFDHA in August.
Thank you for your gift of CARE.***

Ada Camminatore	15 yrs
Kate Lowther	14 yrs
Sufiya Khatoun	12 yrs
Amanda Duquette	9 yrs
Hitaf Hajjar	9 yrs
Nayyar Sultana	8 yrs
Sikha Pandey	7 yrs
Sarwat Shakeel	6 yrs
Munawar Shaikh	5 yrs
April Stanoievici	5 yrs
Moumita Bhattacharya	3 yrs
Nassra Mohamed	2 yrs
Saeeda Nadeem	2 yrs
Hazel Palmares	2 yrs
Vy Nguyen	1 yr
Rayda Chehayeb	1 yr

- Day home medications must be kept separate from family medications. All medications in your home need to be kept under lock and key even if they are not kept in your day home space. Educators are required to have a locking container for the fridge if a medication is required to be kept in the fridge.
- Children’s bags need to be checked daily for medication.
- The medication must be signed for at drop off with specific times and amounts identified by the parent/guardian.
- Only written permission from a parent/guardian prior to administering medication will be accepted.
- Medication tracking sheets are returned to the Agency when the medication is completed, the sheet is full, or at the latest every 6 months.
- An educator may not be the one to decide if a child needs medication. For example, a parent asks you to give a child Tylenol if the child is not feeling well later in the day. You would not be able to give medication as only a parent/guardian can make the decision if a child needs medication.
- An educator must report to the Agency any time an emergency medication is given.
- When a medication container is empty it must be returned to parent(s)/guardian.
- No medication maybe left in an educator’s home overnight, unless it is an emergency medication.

workshops



Observing Children: *A Window into Endless Possibilities*

Only 15 spots per session in order to maintain appropriate physical distancing.

DATE: Saturday September 12, 2020

Choose from a morning session or an afternoon session:

Session one 10:00 am – 12:00 pm

Session two 1:00 pm – 3:00 pm

LOCATION: North Edmonton Family Day Home Office
12704 - 101 street

Call the office to register 780-478-3376



Observations help us in understanding how children think, learn and engage with the environment. Observations also help us in discovering children's ideas and interests.

Each observation may have many meanings. The meaning that you make will depend on your purpose for observing children. To be an intentional educator, come join us in this interactive session and gain insight into observing children to help you with curriculum planning!

FREE TRAINING - AHS Child Care Health and Safety Study Course - Online

Many educators have completed this course BUT if you have not, it is a mandatory training to complete with NEFDHA. Find this course online – [albertahealthservices.ca/eph/page3151.aspx](https://www.albertahealthservices.ca/eph/page3151.aspx) please choose the online option. When the course is completed and passed, you will receive a certificate to print off. Email a copy to your consultant. If you are not sure you have completed this online training please contact your consultant.



While hand sanitizer can reduce bacteria not all hand sanitizers are the same. Ingredients and concentrations can vary. Some sanitizers are not recommended for children, especially toddlers, while others are approved. **Please read the label and follow directions for safety.**

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Recently in the news hand sanitizers have been identified as causing a fire if exposed to an open flame or extreme heat, like that in a vehicle. Following directions will keep everyone safe.

Hand sanitizers should not be used in place of soap and water if available.

If hands are soiled the sanitizer will not work.



Re-certification First Aid **Tentative WORKSHOP DATES:**

November 29, 2020 and January 10, 2021

Cost: \$100.00

TIME: 9:00 – 4:30

LOCATION: Agency Office 12704 - 101 street

Space is limited to 6 PARTICIPANTS

Please bring your own bagged lunch & snacks.

Call the office to register 780-478-3376

FREE TRAINING - AHS Food Basic Safety Home Study Course - Online

Find this course online -

<https://www.albertahealthservices.ca/eph/page3151.aspx>

(While currently not mandatory it is a great online home study course for food safety.)

Online Training Opportunities

Scholars Choice Webinars

A certificate of participation will be given to those who attend a webinar when it is presented. If you listen to a past webinar you will not receive a certificate.

Inspired Minds Early Childhood Coaching & Consulting FREE summer webinars are ready to go!

Join us for some fun learning and fabulous activity ideas to get your through the summer weeks.

August 5, 2020 - Social Emotional Learning

Register Here:

https://us02web.zoom.us/j/.../register/WN_RrwgGnMZQqObrgLTMRolg

Workshops as they become available will be posted online on the Sharing Place.

Reminder that cleaning and disinfecting practices of hard surfaces need to be completed frequently throughout the day. Light switches, doorknobs, gates, handrails, tables, counters, bathroom surfaces, are some of the surfaces that need to be frequently cleaned.



Toddler and Pre-school Gross Motor Development

“Gross Motor development involves the larger, stronger muscle groups of the body. In early childhood, it is the development of these muscles that enable a baby to hold his/her head up, sit, crawl and eventually walk, run and skip.” Kamloopsinfantdevelopment.ca

As an Educator you can help support a child’s gross motor skill development by providing opportunities for children to play on a variety of surfaces; flat ground, hills, and uneven surfaces. Add play materials like balls, bats, hoops, swings, slide, climbers, hoops, and tricycles (plus many more) for children to interact with will further develop skills. When children have free play times they naturally develop many gross motor skills, Add variety and fun by introduce games and activities that support gross motor developing skills.



Gross Motor Skills: running, jumping, walking, galloping, chasing, crawling, lifting, reaching, skipping, hopping, leaping, catching, throwing, pushing, pulling, rolling, dribbling, kicking, balancing, bending, squatting, twisting, hitting, bouncing, passing, tossing, climbing, hanging, holding, spinning, sliding, peddling, pumping. When planning your activities, choose one or more of these skills.



Between the ages of 3 – 4 years, your toddler should:

Run around obstacles. Walk on a line. Balance on one foot for 5 – 10 seconds. Hop on her preferred foot. Ride a tricycle. Walk up and down stairs with alternating feet, without support. Jump from 12 inches with feet together. Use a slide independently. Climb well (not including ladders). Skip, leading with 1 leg.



Between the ages of 4 – 5 years, your preschooler should:

Walk a balance beam forwards & backwards. Perform somersaults. Balance on 1 foot for 8 – 10 seconds. Skip, alternating feet. Begin to jump rope. Throw a ball to hit a target. Jump back. Hop 5 times on 1 foot. Pump and maintain momentum while on a swing (may be started with a forward push). Climb the rungs of a playground slide ladder.



A Few Games and Activity Ideas for Gross Motor Development:

Tag. Duck, duck goose. What time is it Mr. Wolf. Follow the leader. Leap frog. Charades. Hop Scotch. Bowling. Ring-toss. T-Ball. Badminton. Tether ball. Golf. Twister. Frisbee. Basketball. Race (run, hop, skip, roll). Skipping. Tight rope. Balance beam. Ball toss. Obstacle course. Slide, Swing. Climb. Beanbag toss. Hoops. Target practise. Soccer. Kick ball. Catch. Throw. Climb hills. Walk on rocks. Play an active game on the grass, or in sand. Riding toys. Skates. Snow shoes.



1000 plus more ideas can be found on pintrest.



<https://www.bing.com/images/search?q=Childrens+gross+motor+games&id=726130706EDF3BD5EACD9F07AC7F5958F744F960&form=EQNAMI&first=1&scenario=ImageBasicHover>

Resources on Development for a variety of ages.

<https://kamloopsinfantdevelopment.ca/developmental-milestones>