

North Edmonton Family Day Home Agency Educator News January 2021



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12704 - 101 Street Edmonton, AB. T5E 4E5 – Office - 780-478-3376 - Fax 780-478-3423 - nefdha@hotmail.com

2021 Statutory Holidays

Friday January 1 New Years Day
Monday May 24 Victoria Day
Monday Sept 6 Labour Day

Monday February 15 Family Day
Thursday July 1 Canada Day
Monday Oct 11 Thanksgiving

Friday April 2 Good Friday
Monday August 2 Heritage Day
Thursday Nov 11 Remembrance Day

If you plan to take additional days off, you need to let families know in writing, at least two weeks in advance, of your planned absence. This allows back up care to be arranged.

Congratulations On Your 20th Anniversary Mihret Gebreamlak



Mihret recently celebrated 20 years as an outstanding educator with our agency. She obtained her Level 2 Child Development Certificate, while working as a full time educator.

Mihret has supported countless families through out her career. She is both flexible and accommodating when

meeting a clients needs. Mihret is committed to providing a nurturing and stable environment for the children in her care. She has been observed to effortlessly assist new children to settle into her home, which can be in part attributed to her calm and patient approach, putting children at ease. Families often return to care with siblings.

Mihret works tirelessly to provide a quality program where she consistently takes ideas learned from workshops and conferences and incorporates these ideas into her program planning. You can always find Mihret involved and engaged in the children's activities. She is a firm believer in the benefits of daily outdoor play. Mihert provides nutritious home cooked meals/snacks on a daily basis and will often incorporate children's "favorites" into her daily menu plan.

Thank you Mihret for your commitment as an educator of young children. We appreciate everything you do.



*Wishing
you and
your family a
Happy New Year.*

*May 2021 be filled
with Health,
Happiness and
Prosperity*

Please send in your June – Dec 2020,
Safety and Cleaning Check List with your
time sheet.

**Tax letters will be brought out in
February.**

When sending paper work into the office. Please ensure your name is on it.

January Consultant Visit



- This month consultants will be completing the Government Consultant Checklist.

- If you have not already done so please send a copy of

your daily schedule if your schedule has changed, to your consultant with your timesheet.

Training – Health and Hygiene – Although we have discussed and sent information on various topics over the past year, we still get questions on cleaning, disinfecting, wearing masks and hand sanitizing. This training combines reading, and watching videos to help answer and clarify any questions you might have.

The videos for the January training can be found on the agency website, under Educator forms. nefdha.com

Printable Forms: Termination of Childcare Form - Child Profile, Appendix A Substitute Care Parent Permission Form, Drug Administration Form, Program Planning sheets, Parent Consent for Back-Up Care, Technology Policy, Diapering and Feeding Schedule, Injury-Incident Report, Safety and Cleaning Checks Jan - June, Safety and Cleaning Checks July - Dec, Supplementary School Age Child Agreement,

Training Videos – Health and Hygiene.

To access the forms and videos look under Educator Forms then click to see resources – the username, and password, needs to be entered.

How Snowy Weather Benefits Children



Congratulations!

The following providers are celebrating their anniversaries with NEFDHA in January. Thank you for your gift of CARE.

Tina Tesfagaber	15 Years
Zahida Memon	10 Years
Farina Javed Qazi	9 Years
Harpreet Gill	8 Years
Kefah Keshta	8 Years
Michelle Seecharan	8 Years
Farzana Begum	7 Years
Amena Quraishi	3 Years
Dharani Vedachalam	2 Years
Grace May Seridio	1 Years

10A: Incidents



If a child sustains an injury or an incident occurs, a provider must:

- obtain emergency medical assistance as required;
- immediately notify the parent or emergency contact;
- notify the agency immediately after the occurrence;
- complete an incident report; and

- participate in investigations conducted by the agency and/or the CFS or other law enforcement agencies as required.

workshops

Re-certification First Aid WORKSHOP DATES:



January 10, 2021

Cost: \$100.00

TIME: 9:00 – 4:30

LOCATION: Agency Office 12704 - 101 street

At this time Space is limited to 6 PARTICIPANTS

Please bring your own bagged lunch & snacks.

Call the office to register 780-478-3376

FEBRUARY

Webinar for Parents and Educators

Effective Child Guidance Strategies for Positive Behaviour

Facilitators Aparna Mahay & Parminder Delhon of Quality Coaching and Consulting

Date: Saturday February 20th, 2021

Time: 10:00 PM – 12:00 PM

Maximum 40 Participants

Call the Agency at 780 478 3376 to reserve your spot.

Behind every behaviour there is a need to be met. Children act out in order to get their needs met. From this webinar take away practical ideas to set the stage for positive behaviours by assessing your response to children's behaviours, physical environment, routines, programming etc. Learn ways to transform routines and rituals for positive outcomes. Practice communication strategies to acknowledge children's feelings and learn how to be a role model in expressing the feelings in a positive way. Zoom instructions will be sent to you on how to access the workshop.

If you have registered for this workshop and cannot virtually attend let the Agency know immediately so others can attend.

JANUARY

Story Book Sensory Bins Online Workshop

Presenter Marija Bandjak from Bookish Bins.

A Former Educator with the Agency.

Have you ever wondered how to create a sensory bin and why they are an important experience? Where do you start, what materials should you use, and what about using sensory material during COVID?

This online Zoom workshop will answer your questions and give you ideas on creating your own sensory bins.

Practical ideas for you to use.

Date: Saturday January 16th 2021

Time: 10:00 – 11:00 AM

Maximum 40 participants

Call the Agency 780 478 3376 to reserve a spot.

Zoom instructions will be sent to you on how to access the workshop. ***If you have registered for this workshop and cannot virtually attend let the Agency know immediately so others have the opportunity to attend.***

IMITATION

parentingcounts.org/parent-handouts/information-for-parents-imitation.pdf

What is Imitation?

Cognitive development is the process through which the brain takes in information to “make meaning” – something our brains do naturally. The way your baby's brain makes meaning is through experience, which is made up mostly of interaction with the important people in his life. This means that learning is social, and for babies, involves imitating the people around them. Imitation provides children with the opportunity to practice and master new skills. Imitation also serves as a basis for the development of empathy, or the ability to experience what another person is feeling.

Imitation in Infants

- Infants in every culture show the same ability to imitate.
- Imitation is not a skill babies learn – it is an ability they are born with.
- An infant's ability to imitate simple actions, such as sticking out her tongue, comes from the same part of the brain that allows young children to develop empathy.



Imitation in Toddlers and Preschoolers

- Children pay attention to what other children do.
- Younger children look up to older children.
- Games that involve imitation and other social interaction help children feel a social connection with other children.
- Parents may notice how much their children “pick things up” from other children.

Why Imitation Matters - Imitation matters because it helps children learn.

- Even at a very young age, children imitate their parents' behaviour. Parent and caregiver behaviour presents powerful lessons to a child and leaves impressions on the developing mind. Children store in their mind both positive and negative images that may be imitated or tested at a later time.

What Parents Can Do With Infants - Remember that almost every interaction involves an opportunity for imitation.

- Slow, repeated movements help infants take in new information. Example, as early as one month, if you stick out your tongue at a baby and wait, chances are, she will stick her tongue out at you.
- Make sounds with your mouth and your baby will try to copy you; it also helps if you repeat the sounds your child makes.
- Use music: Sing songs with your child... a tambourine, drum or piano keys are fun for an older baby to try.
- Tap the table or clap your hands to see if you baby will copy you.
- Put your arms above your head and say “Sooo big.” An older baby will likely raise his arms too, though it may take a few to copy you.



With toddlers, remember that they love to imitate you, to help, and to show you how much they can do.

- Children between 12-36 months learn by doing, not just watching.
- Show your child how you do simple tasks, such as putting on shoes or holding a spoon, and let her try.
- Try physical activities: jump, hop, skip, and crawl. Your child will try too.
- Engage your child in daily household tasks (setting the table, folding laundry, putting away toys). Toddlers love to imitate their parents and help.



With pre-schoolers, remember that imitation now involves you modelling behaviour and setting expectations.

- Experts say parent imitation/modelling is essential for kids to develop healthy academic skills. If you want your child to become a reader, let her see you reading often at home. If you want a child to value learning, ask questions and learn new skills yourself.
- Model the behaviour you want to see in your child. Say please and thank you. Your child might not say it right away, but she will over time.
- Make your rules match your expectations and your own behavior. If you expect your child to put his dirty clothes in a hamper, you should do the same with yours.
- No parent is perfect all the time. If you do or say something you wish your child had not seen or heard, repair the interaction and explain the consequences to your child.
- Explain to your child how what works in one place might not work in another. For example, loud voices are OK at the park, but not at the library. Explain why.



- When setting up materials for children to interact with, use “REAL” materials as much as possible, keeping safety in mind, supervise according to a child’s age and development.
- Be a role model. Children may not always hear what you say or know what you mean, but their eyes are on you, and will imitate you!

“Children are great imitators, so give them something great to imitate.”

-Unknown